

## Adaptogen for your Health

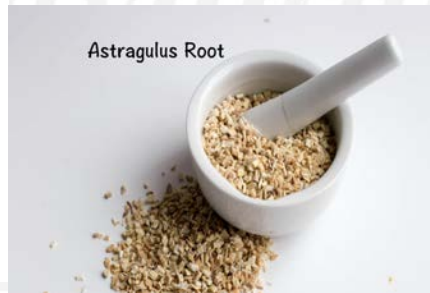
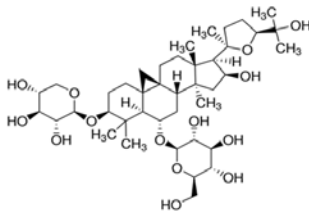
**What are adaptogen:** Adaptogens are group of natural herbs that work with a person's body and help them adapt; most notably, to stress and fatigue. Well-known adaptogens are **Ginseng, Ashwagandha, Holy Basil, Licorice, Rhodiola, Eleuthero root, and Astragalus.**

**Your health Benefits:** Adaptogenic herbs, often referred to as tonics. Healthy adrenal gland function is essential to a boost for the immune system

- Support for managing a healthy weight
- Increased physical endurance and mental focus
- Reduction in discomfort caused by poor health
- Encouraging a balanced mood
- Supports adrenal function  
the body from the ravaging effects of chronic stress Helps maintain energy, vitality and physical stamina gently, and calm the nervous system. Support healthy mental performance, fatigue, and many physiological functions including energy generation and immune response and reinforces the entire endocrine system including both the adrenal and pituitary glands. All have stabilizing effects on the Hypothalamus-Pituitary-Adrenal (HPA) axis.

### Astragaloside IV

CAS 84687-43-4



### Mechanism of action:

Adaptogens are designed to support endocrine and immune functions as well as to defend



## Astragalus

**Astragalus** has been used for the following:

- Adaptogen:** Protects the body from stress and disease.
- **Anemia:** may improve blood counts in people with aplastic anemia.
- **Colds and influenza.**
- **Diabetes:** Astragalus appears to lower blood sugar.
- **Fatigue** or lack of appetite from chemotherapy.
- **Heart disease** and lowering cholesterol
- **Hepatitis**
- **Kidney disease**
- **Seasonal allergies**
- **Cancer**

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